



LAKE SPA

The Makokola Retreat redefines the spa experience, providing total escapism that paradoxically encourages healing to arise from deep within the self. The nurturing and personal care at The Lake Spa ensure a renewing experience that honors ancient traditions, while commemorating African nature.

Four treatment rooms are hidden in our lush gardens; in celebration of the African culture, very unique signature treatments using indigenous plant ingredients have been created. Various Massage techniques and body works are combined with ancient African holistic practices to create a truly unique Malawian experience. And all is done with that special personal touch.

Nothing is hurried at the Lake Spa. Relax, lie back and be pampered!



Makokola Signature Massage	60 Minutes- US\$ 45 90 Minutes- US\$ 58
Lake Relax Massage	60 Minutes- US\$ 45 90 Minutes- US\$ 58
Aromatherapy Massage	60 Minutes- US\$ 45 90 Minutes- US\$ 58
Hot Stone Therapy	60 Minutes- US\$ 45 90 Minutes- US\$ 58
Healing Hands- Localized Massages (Legs & Feet, or Back, Neck & Shoulders)	30 Minutes- US\$ 30
Reflexology Treatment	30 Minutes- US\$ 30 60 Minutes- US\$ 45
African Head Treatment	30 Minutes- US\$ 35
For Two- Couple Treatments	60 Minutes- US\$ 100 90 Minutes- US\$ 125

